

DINNER

TUESDAY, FEBRUARY 3, 2026

PORK FRITTER W/ GRAVY



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	400mg	22g	18g	12g	92mg	2g

CHICKEN GUMBO W/ RICE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
235	675mg	15g	7g	28g	25mg	2g

GREEN GOODNESS



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
180	200mg	8g	7g	21g	0mg	8g

 contains wheat

 contains egg

 contains milk

 vegetarian

 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen